

## Who We Are

The Tiny Miracles Foundation, Inc. is made up of parents of premature infants and others dedicated to helping families of preemies in Fairfield County, Connecticut. We came together because we all knew what it was like to fall through the looking-glass and land in the Neonatal Intensive Care Unit, and we wanted to help others cope with this traumatic experience.

In that new world of the NICU, we learned a new language: sats, surfactant, IVH, ROP, C-PAP, brady, and kangaroo. We sat in front of isolettes and peered in at our babies, willing them to breathe and wondering how we were ever going to bond with them. We became accustomed to the steady, shrill drumbeat of beeps, bells and alarms.

We learned that 30 cc's and 28 grams are both equal to an ounce, and we measured our babies' progress in those tiny increments. We slipped wedding bands over impossibly tiny wrists. We took



*Meredith Daniels with her tiny miracle, daughter Cameron, born at 25.5 weeks.*

pictures of our children next to Beanie Babies, hoping they wouldn't look too small. We struggled with feelings of guilt, and anger, and jealousy. We washed our hands until they chapped, and then we washed them some more.

When we were finally able to take our babies home, we felt joy...and terror. We celebrated every milestone, no matter how minor, and we learned to not compare their progress to that of full-term babies. But most of all, we never stopped being thankful for our tiny miracles, and for the doctors and nurses who make miracles happen.

We've been there. And now we want to be there for you.

Meredith Daniels  
Co-Founder

Gwendolyn Field Noto  
Co-Founder

## How You Can Help

The Tiny Miracles Foundation depends on the generosity of donors, sponsors and volunteers to keep our programs operating free-of-charge for all the families we help. We truly appreciate your support.

### Donate

We welcome individual donations, corporate sponsorships, civic, foundation and corporate grants, memorial and honorary gifts, and in-kind donations. Please visit [www.ttmf.org](http://www.ttmf.org) to donate. Your contribution is tax deductible.

### Volunteer

Please visit [www.ttmf.org](http://www.ttmf.org) to learn about volunteer opportunities and to sign up for our volunteer and mailing lists.

### Attend Our Events

Join the fun and reunite with other preemie families at our popular annual fundraising events! We also welcome event and program sponsorships and in-kind event donations.

### Keep In Touch

Please email us at [info@ttmf.org](mailto:info@ttmf.org) to let us know how you and your tiny miracle are doing, and to share suggestions or information we can use to help others. Sign up for our mailing list at [www.ttmf.org](http://www.ttmf.org) to stay informed about upcoming programs, activities and events.



## Support Services for Families of Premature Babies

## Contact Us

**The Tiny Miracles Foundation, Inc. (TTMF)**  
25-13 Old King's Highway North, #189  
Darien, CT 06820-4608

Phone: 203-202-9714  
[info@ttmf.org](mailto:info@ttmf.org)

Fax: 203-202-2650  
[www.ttmf.org](http://www.ttmf.org)



The Tiny Miracles Foundation is a service mark of The Tiny Miracles Foundation, Inc. The Tiny Miracles Foundation, Inc. is a volunteer organization that provides emotional support and resource information to parents of children born prematurely. TTMF does not provide medical advice or services. All medical questions and decisions should be thoroughly discussed with your personal physician(s).

[www.ttmf.org](http://www.ttmf.org)

## Our Mission

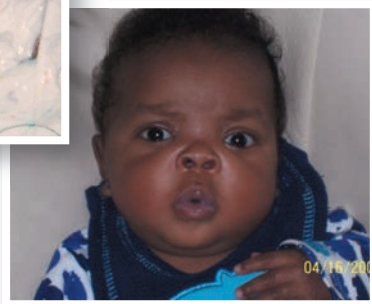
The Tiny Miracles Foundation, Inc.™ is a non-profit organization dedicated to helping families with premature babies in the greater Fairfield County, Connecticut area. We know from personal experience that the premature birth of a child can be an isolating, confusing and frightening ordeal. Our goal is to support and assist families during this fragile time, to enhance hospital services and to improve the lives of babies born too early and those who love and care for them.

The Tiny Miracles Foundation is made up of parent volunteers who have had premature babies and who can offer you comfort, support, guidance and hope in ways that only parents who have been where you are now can understand. We offer on-site programs at Bridgeport, Norwalk and Stamford Hospitals, as well as additional services to all preemie parents in Fairfield County, during and long after your NICU stay. All of our services are provided free of charge.

For support or information, please contact us at (203) 202-9714, [info@tmf.org](mailto:info@tmf.org) or [www.tmf.org](http://www.tmf.org), or ask your NICU staff to reach us for you. We are here to help you.



Alex, born at 24 weeks weighing 2 lbs., and at 6 months old.



# W

here there is great love  
there are always miracles.

— Willa Cather

## In-Hospital Programs

### NICU Parent Mentors

Caring preemie parents specially trained to offer one-on-one or group support visit Bridgeport, Norwalk and Stamford NICUs every week to meet with parents. Check your Resource Room for the schedule, ask your NICU staff, or call us directly for mentoring at any time.



### Family Resource Rooms

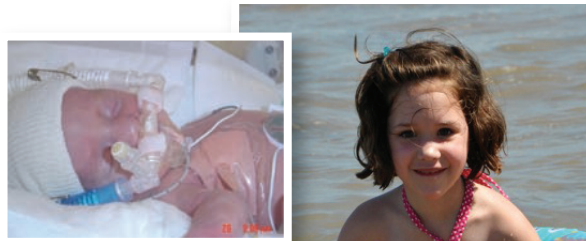
Comfortable, private Resource Rooms are available 24/7 exclusively for NICU families, staff and volunteers at Bridgeport, Norwalk and Stamford Hospitals. Amenities include a resource library, computer with internet access, TV and DVD player, kitchenette, children's books, toys and lockers. Light refreshments are provided.

### Tiny Treasures Welcome & Homecare Supplies

Our Welcome Bags contain items to comfort you and your baby in the NICU and to ease your separation, such as a fleece isolette cover blanket, a bonding doll, NICU preemie clothing, and breast milk storage supplies. Our Homecare Starter Kits may include preemie-sized swaddling blankets, diapers, clothing, pacifiers, bottles, and other hard-to-find supplies and information to help you care for your tiny baby at home.

### Financial Assistance

Small emergency grants are available to help qualifying families defray non-medical costs associated with having a premature baby. Applications must be submitted by a hospital social worker; please contact your NICU social worker for more information.



Reagan, born at 33 weeks, weighing 3 lbs. 11 oz, and at 5 years old.



## Additional Services

### Parent Mentoring

Connect with one or more trained, caring parent mentors who had a baby born at the same gestational age, experienced a similar medical condition, or shared other circumstances in common with you. Mentor support is available throughout your NICU stay and long after you transition home.

### Online Support & Resources

Visit [www.tmf.org](http://www.tmf.org) for 24-hour support including preemie parent chat groups and message boards, a glossary of NICU terms, miracle stories and photos of preemies, helpful links and resources, and more information about our programs. Para español, visite [espanol.tmf.org](http://espanol.tmf.org).

### After The NICU Directory

Our own carefully-selected directory of providers, specialists and resources in the Fairfield County area, recommended by preemie parents, doctors and hospitals. Please contact us for more information.

### Bereavement Support

Parent mentors who have endured the loss of a child are available to provide comfort and understanding to grieving parents. We also offer referrals to support groups, therapists, memory portrait artists, and other grief and loss resources.

Out of difficulties grow miracles.  
— Jean de La Bruyère



Thomas, born at 25 weeks weighing 1 lb. 9 oz. Shown at 1 month old and 10 years old.

